

**INFECTION CONTROL PRACTICE GUIDELINE
INFECTION CONTROL
GENERAL INSTRUCTIONS TO VISITORS OF PATIENTS IN ISOLATION**

Instructions are necessary to protect the patient, visitor and people with whom they may come in contact. Printed, specific instructions, based on the category of isolation or precautions used are given by the nurse to patients and visitors.

- I. Each visitor should go to the nurse's station to receive adequate instructions before entering the room.
- II. Visitors are limited to those of immediate family, or as the physician designates.
- III. If a mask or gown is required, they must be worn all the time in the room.
- IV. Do not touch items in the room nor take anything out without first discussing this with the nurse.
- V. When leaving the room, both gown and mask must first be removed as follows:
 - A. Untie the waistband of the gown.
 - B. Untie the neck band and remove the gown so that it is inside-out. **DO NOT TOUCH THE OUTSIDE OF THE GOWN OR PERSONAL CLOTHING.**
 - C. Discard the disposable gown in the waste receptacle.
 - D. Carefully remove the mask, touching only the strings, and discard it in the waste can in the room.
 - E. Wash hands with soap and water, using paper towel to turn OFF the water.
- VI. After leaving the room, wash hands once more with soap and water.

The contents of this document rescind any previous document covering similar material.